

WOMEN'S RESOURCE GUIDE FOR CONGRESSIONAL DISTRICT 9

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BEHAVIORAL HEALTH AND COUNSELING

Centro De La Familia (through Chicanos Por La Causa, Inc.) - (623) 247-0464, program provides outpatient behavioral health services to families, adults, children, and adolescents (regardless of ethnicity), including psychiatric evaluations, medication management, counseling services, marriage and family counseling, group counseling, and case management for children and adults. www.cplc.org/social-services/centro.aspx

Community Bridges, Inc. - (877) 931-9142, provides behavioral health programs including prevention, education, and treatment services throughout Arizona. www.communitybridgesaz.org

Corazón (through Chicanos Por La Causa, Inc.) - (602) 233-9747, program and residential substance abuse treatment center that provides behavioral health and substance abuse services to men struggling with addiction; includes level II residential treatment program and transitional living program. www.cplc.org/social-services/corazon.aspx

EMPACT - Suicide Prevention Center through La Frontera Arizona - (480) 784-1514, provides services for families and individuals looking to improve daily living and family life at service areas throughout Maricopa County. Individual, group, and family counseling; psychiatric evaluations and medication monitoring; family and peer support services; substance abuse outpatient programs; case management for adults, youth, and families. www.empact-spc.org

Give an Hour - provides free health services including anxiety and depression treatment and substance abuse counseling to U.S. military personnel and families. www.giveanhour.org

Jewish Family and Children Services (JFCS) - (602) 279-7655, provides behavioral health and social services to children, families, and adults of all ages, regardless of clients' demographics; offers discounted fees for qualifying clients. www.jfcsaz.org

Mercy Maricopa - 1-(800) 564-5465, provides behavioral and medical health services to individuals who qualify for Regional Behavioral Health Authority (RBHA), Medicaid and Medicare services, and those who are determined to have a serious mental illness. www.mercymaricopa.org

Native American Connections - (602) 424-2060, offers substance abuse treatment and general mental health services including psychiatric evaluation, medication management, counseling, case management, residential treatment for substance abuse and co-occurring illnesses. www.nativeconnections.org/behavioral-health

Terros - (602) 685-6000, provides primary care, outpatient and residential drug and alcohol treatment, crisis, recovery, and mental health services. www.terros.org

Valle del Sol - (602) 258-6797, offers primary health care, behavioral health care, counseling, substance treatment, support services, and leadership development programs for women, men, children, families, and elderly. www.valledelsol.com

CHILD SERVICES

AZ DES Child Care - (623) 925-0095, (602) 771-0014, provides childcare subsidies to low-income working families and other families in unique circumstances. www.azdes.gov/childcare/

Boys & Girls Club - (602) 954-8182, Children 6-18 years; After school programs, summer day camp programs; 12 locations throughout valley; Dental clinic for children who have low-income parents. www.bgcamp.org/location/find-a-club/

Child Care Resource and Referral - 1-(800)308-9000, provides assistance to families seeking childcare and to childcare providers. Resources that are available at no charge include: Information about your childcare choices/child care referrals, guidelines regarding what to look for in quality childcare, parent newsletters, information about assistance and options for paying for child care, 24 hour Internet referrals available. www.azchildcare.org.

Child Crisis Center - (480) 969-2308, provides an emergency shelter for children who have been abused or neglected. www.childcrisis.org.

Crisis Nursery of Phoenix - (602) 273-7363, serves as a shelter for children who are abused or neglected. www.crisisnurseryphx.org/index.htm

Head Start - 1-(866) 763-6481, provides comprehensive education, health, nutrition, and family services to poverty-level children and their families. www.azheadstart.org/enrollment.php

After-School Programs for Children

Valley of the Sun YMCA - (602) 404-9622, provides before & after school programs for students and offers educational activities for kids and teens, also has partnerships with tutoring services and virtual education services. www.valleymca.org/camps-child-care/complimentary-child-care/

Boys & Girls Clubs - (602) 954-8182, provides after-school programs for students focusing on recreation, life-skills, arts, education, and character development; most clubs provide transportation from school districts. www.bgcamp.org/programs/after-school-programs/

Chandler Unified School District - (480) 812-9128, provides “Kids Express” and “Teen Express Zone” for at 25 elementary school sites. It is offered year-round with intersession and summer activities including field trips and service learning projects. www.cusd80.com/page/1010

Kids’ Corner - (480) 472-7250, Kids’ Corner is our district-based childcare program located right on your child’s Mesa Public School’s campus. Kids’ Corner offers age appropriate activities focused on daily themes and includes sports, science, cooking, arts, crafts, group games, team projects, homework support and snack time. We are licensed through the Arizona Department of Health Services, available for children in kindergarten through sixth-grade.
www.mpsaz.org/commed/kids_corner/

Kyrene School District - (480) 541-1000, provides offers a before- and after-school Kids Club for grades K-5; there is also an Early Learning Center Kids Club for ages 2 to 5.
www.kyrene.org/Page/1337

Madison Adventure Club - (602) 664-7900, provides before- and after-school care for students in grades K-8 who attend the Madison School District in Phoenix. The program offers a wide variety of experiences that support learning and academic achievement.
<http://www.madisonaz.org/programs/before-and-after-school-programs/>

Paradise Valley Unified School District - (602) 449-2000, provides preschool and early childhood programs, after-school enrichment (athletics, extracurriculars, and academic support) and driver’s education, PSAT and SAT preparation courses for high school students.
www.pvschools.net/Page/3820

Scottsdale Thrive after Three - (480) 312-7275, provides students grades k-5 in the Scottsdale Unified School District with daily activities including but not limited to athletics, arts and crafts, gardening, drama and theatre, as well as homework help. For more information including how to register, visit www.scottsdaleaz.gov/parks/asp

Scottsdale Unified School District - (480) 484-7900, provides a Kids Club before and after school program and after-school enrichment classes offered through its Community Schools program. Classes for grades K-12 include etiquette, tennis, tutoring, music, art, athletics, driver’s education and test preparation. www.susdcommunityed.org/kidsclub/

Washington Elementary School District - (602) 347-2600, provides “KidSpace”, a before- and after-school program for children in grades K-6. Daily educational daily activities, academic enrichment and homework help are offered. www.wesdschools.org/Page/50

Valley Big Brothers Big Sisters - (602) 264-2447, provide mentoring services for youths ages 6-18, parent/guardian calls for enrollment, as well as STARS program for children who have incarcerated family members ages 6-14. www.bbbsaz.org

Summer Camps

Boys and Girls Clubs of the East Valley - (480) 820-3688, provide youth with a fun, safe place where they can form friendships, develop new skills and create life lasting memories. Youth can take part in field trips, swimming, reading programs, summer learning and youth sports clinics. www.clubzona.org/sdc/

Boys and Girls Clubs of Metro Phoenix - (602) 954-8182, offer super-affordable summer camp programs, provide kids entering 1st through 12th grade with a full summer of awesome activities and exciting experiences. With the help of the USDA Summer Food Service Program, each Club offers free breakfast and lunch. www.bgcmp.org/programs/summer-programs/

College Depot - (602) 261-884, In June and July, Burton Barr Central Library hosts Free College Depot summer camps. These camps are customized for students entering 7-12 grades in fall 2015. Registration is required as seating is limited.
www.phoenixpubliclibrary.org/collegedepot/Pages/Workshops---Events.aspx

Valley of the Sun YMCA - (602) 404-9622, YMCA summer camp offers children positive developmental experiences and encourages them to forge bonds with each other and with staff, building confidence through skill building activities suited to their age. Children experience a sense of achievement through opportunities in the outdoors and are welcomed to a physically and emotionally safe and stimulating environment whether in a Y facility or at an outdoor day camp site or park. Summer camps offered at valley wide locations. www.valleymca.org/camps-child-care/day-camps

DOMESTIC VIOLENCE

Arizona Coalition Against Domestic Violence Hotline - 1-(800) 799-7233, provides support to domestic violence victims. www.azcadv.org

Sojourner Center Crisis Hotline (Metro Phoenix) - (602) 244-0089, 24-hour crisis hotline for victims and survivors of domestic violence

Sojourner Center Crisis Hotline (Outside Phoenix area) - (888) 886-8793, 24-hour crisis hotline for victims and survivors of domestic violence

Safe Helpline - (877) 995-5247, anonymous sexual assault support hotline (as well as live online help) for Department of Defense community. www.safehelpline.org

Domestic Violence Shelters and Resources

Autumn House Domestic Violence Shelter - (480)-835-5555, a confidential emergency shelter for women and their children who are domestic violence victims. www.turnanewleaf.org/

Arizona Coalition Against Domestic Violence - (602) 279-2900, offers a legal advocacy hotline, support, and resource assistance. www.azcadv.org

Chrysalis - (602) 955-9059, provides crisis shelter and transitional housing in Scottsdale and Phoenix. www.noabuse.org

De Colores - (602) 269-1515, provides a safe home for women and their children who are domestic violence victims, offers services in Spanish and English. www.cplc.org/social-services/de-colores.aspx

Faith House - (623)-939-6798, provides crisis shelter & transitional housing for domestic violence victims, also provides child care services for women and children. www.faithhousearizona.org/

My Sisters Place - (480) 821-1024, confidential shelter for women and their children who are leaving domestic violence. www.catholiccharitiesaz.org/my-sisters-place/000007

New Life - (623) 932-4404, provides emergency shelter for women and children and offers services for families seeking new independent lives. www.newlifectr.org

A New Leaf - (480) 644-4066, A New Leaf's Advocacy Counseling Program provides services to victims of crime, specializing in sexual abuse and domestic violence. www.turnanewleaf.org/domestic_violence_services

Family Advocacy Center Counseling (through New Leaf) - (480) 969-4024, provides a wide range of services including police, legal, and medical support to victims of abuse.

Glendale Advocacy Center - (623) 930-3453

Mesa Center against Family Violence - (480) 644-4066

Phoenix Family Advocacy Center - (602) 534-3088

Southwest Family Advocacy Center, Goodyear - (623) 333-7939

Pre-Hab of Arizona Mesa - (480) 969-4024, provides shelter for victims of domestic violence and counseling services for victims.

Sojourner Center - (602) 253-9180, provides shelter and support services for women and children affected by domestic violence. www.sojournercenter.org

EDUCATION RESOURCES

Arizona Dept. of Education - Provides adult education classes for those seeking to continue their education. Classes include GED prep classes, Adult Basic Education, English Acquisition for Adults, and Civics classes. www.azed.gov/adultedservices/2012/05/01/adult-education-classes/

College Depot Reengage Phoenix - (602) 261-8847, located at Burton Barr Central Library, the College Depot's Reengage Phoenix program seeks to connect those who haven't yet completed high school with the tools and resources to continue their education.
www.phoenixpubliclibrary.org/collegedepot/Pages/ReEngagePhoenix.aspx

Mesa Community College - (480)461-6200, offers preparation courses for individuals seeking to take the GED or HSE (High School Equivalency) Tests who did not graduate high school and wish to continue their education. www.mesacc.edu/outreach/get-your-ged-hse

Scholarships for Women

Arizona State University Scholarship Office - (855) 278-5080, provides information for college scholarships and financial aid. www.students.asu.edu/contact/financialaid

Arizona Business and Professional Women's Foundation - The Arizona Business and Professional Women's Foundation promotes the advancement of Arizona's working women through scholarships, research, and education. Scholarships are awarded to women 25 years or older (by March 1) who are returning to school to acquire better job opportunities or advance their current careers. The Arizona Business & Professional Women's Foundation offers scholarships to women who are returning to school to acquire better job opportunities. Currently, contributions to the Foundation are designated to one of the following scholarships.
www.arizonabpwfoundation.com/scholarships.html

College Depot at Phoenix Public Library - (602) 261-8847, offers a number of women's scholarships. The College Depot is located at Burton Barr Central Library in Phoenix. For more information, check out the College Depot website.
www.phoenixpubliclibrary.org/collegedepot/Pages/Scholarships.aspx

Fresh Start Women's Foundation - (602) 261-7161, the E. Jean Goulet Scholarship is offered by the Foundation to women who can demonstrate a need for financial assistance to continue their education in the pursuit of either a degree or an approved vocational program. Scholarship will only cover tuition expenses. www.freshstartwomen.org/scholarships

Hispanic Women's Council - P.O. Box 27271 Albuquerque, NM 87125, The Hispanic Women's Council (HWC) Scholarship Program offers scholarships to help Hispanic Women who are working to COMPLETE degrees, licenses, or programs of study. The HWC Scholarship is intended for continuing students (the more hours the better) at the undergraduate or graduate levels.

www.nmhwc.com/scholarship.html

HORIZONS Scholarship - (703) 522-1820, the HORIZONS Scholarship Program encourages women to pursue careers related to U.S. national security and defense and to provide development opportunities to women already working in these fields. The scholarship focuses on selected fields such as cyber security, government relations, engineering, computer science, physics, mathematics, business, law, international relations, political science, military history, and economics.

www.wid.ndia.org/horizon/Pages/default.aspx

Miss Black Arizona Scholarship Pageant - (602) 535-1291, The Miss Black Arizona Scholarship Foundation is a community driven organization and is committed to addressing health and education, two leading social issues in the African American community. The Pageants celebrate scholastic achievement and believe that education is the key to lifelong success and empowerment. The Miss Black Arizona Pageant promotes education and leadership by providing scholarship opportunities to its winners. www.missblackarizona.com/

Mesa Community College Scholarship Office - (480) 461-7441, provides information for college scholarships and financial aid. www.mesacc.edu/financial-aid/types-aid/scholarships

The Patsy Takemoto Mink Education Foundation - The Patsy Takemoto Mink Education Foundation aims to carry on some of Mink's most ardent commitments: educational access, opportunity and equity for low-income women, especially mothers; and educational enrichment for children. The Foundation will offer five Education Support Awards of up to \$5,000 each to assist low income women with children who are pursuing post-secondary education.

www.patsyminkfoundation.org/

The Soroptimist Live Your Dream Awards (formerly the Women's Opportunity Awards) - (215) 893-9000 Each year, more than \$1.6 million in education grants are awarded to more than 1,200 women, many of whom have overcome enormous obstacles including poverty, domestic violence and/or drug and alcohol abuse. Live Your Dream Awards recipients may use the cash award to offset any costs associated with their efforts to attain higher education, such as books, childcare, tuition and transportation. www.soroptimist.org/awards/live-your-dream-awards.html

VIP Women in Technology Scholarship - (916) 985-9625, will offer multiple scholarship awards with values up to \$2,500 per recipient to qualified candidates who will seek a career in information technology or a related field and meet the program requirements as defined in the application. Submissions are evaluated based on candidate essays, which define and offer meaningful solutions to local or statewide IT problems. Consideration will also be given to academic performance,

community involvement, leadership qualities and extracurricular activities.

<http://www.trustvip.com/about-vip/community-support/women-technology-scholarship-wits>

EMPLOYMENT RESOURCES

Arizona Bridge to Independent Living (ABIL) - (602) 443-0712, ABIL Employment Services provides assistance and support to persons with disabilities seeking employment through the Ticket to Work program with a focus on peer support and mentoring. www.abil.org

AWEE - (602) 223-4333, provides computer access, job searches, clothing closets, career classes, job clubs, and computer instruction for women. www.awee.org/index.html

Career Command Post - (888) 219-0408, offers online employment tools.
www.careercommandpost.com/ccp.cfm

Chandler Christian Community Center Community - (480) 963-4321, provides job referrals.
www.chandlerfoodbank.org/programs-2/community-action-programs/

Chicanos Por La Causa, Inc. Workforce Development Center - (602) 269-6485, helps unemployed and underemployed individuals find employment with services including General Adult Education classes (GED), occupational training, job placement assistance, and support services.
www.cplc.org/social-services/workforce-development.aspx

Dress for Success - (602) 489-7397, provides interview and work outfits to low-income women.
<https://phoenix.dressforsuccess.org>

Fresh Start Women's Foundation - (602) 261-7161, the Foundation provides on-the-job training to women who are unemployed, underemployed, or just want new career skills. This training is completed through workshops, professional development courses, and hands on experience in addition to continual career support and leadership training. www.freshstartwomen.org/ojt

ONLINE EMPLOYMENT RESOURCES

www.allretailjobs.com (retail)

www.arizona.jobing.com

www.arizonaworkforceconnection.com/resources/jobseekers.asp

www.azdes.gov/employment_supports

www.azjobconnection.gov/

www.azstatejobs.azdoa.gov (Arizona government jobs)

www.careerbuilder.com

www.employmentguide.com

www.hrjobs.org (human resources jobs)

www.indeed.com

www.jobsinlogistics.com (logistics, supply chain, transportation, distribution, purchasing, manufacturing, freight forwarding)

www.simplyhired.com

www.usa.gov/citizen/topics/education-training.shtml

Job Accommodation Network - (800) 526-7234, provides confidential guidance on workplace accommodations and disability employment issues. www.askjan.org

Maricopa Workforce Connection - East Valley - (602) 372-9700, West Valley: (602) 372-4200, veterans and civilians can register with the Arizona job site: www.azjobconnection.gov; MWC offers workshops, such as interviewing skills, job search skills, and resume workshops; computers available. www.maricopaworkforceconnection.com

St. Joseph the Worker - (602) 417-9854, helps homeless or low-income individuals who are seeking employment, including job development assistance, job search resources (interview preparation, transportation, clothing, hygiene), job readiness workshop, and services specific to formerly incarcerated individuals. www.sjwjobs.org

Valle del Sol - (602) 258-6797 x165, offers workforce development assistance with resources, a skills class for Windows applications and productivity software, and a COMPTIA A+ certification and preparation program. www.valledelsol.com

FAMILY PLANNING

Pregnant & Under 18

Florence Crittenden Girls Ranch - (480) 941-0150, 6 bed group home for pregnant women age 12-18 and their children. www.flocrit.org/programs_girls_ranch.html

Fibco Family Services - (602) 385-3900 (First institutional Baptist Church), Provides housing for unwed teen mothers, affordable housing for the mentally ill and disabled. Clothing, food distribution, and youth mentoring. www.fibco.org/index.php?page=3

Jesus Cares Ministries - (480) 831-1737, provides care from two weeks to three years after the birth of their child. Also provides rehabilitation for men in transition at a separate location within the metropolitan area. Serves 7 women at a time. www.jesuscaresministries.org/home.aspx

Planned Parenthood - (602) 277-7526, serves women, men, teens and parents through health care, education, outreach and advocacy efforts. www.plannedparenthood.org/planned-parenthood-arizona

Tumbleweed YA Program - (602) 468-2417, provides residential group home for children ages 16 and 17; provides shared apartment, counseling, school and/or job training assistance. www.tumbleweed.org

Sofia's House (ages 15-25) - (800) 272-1856, provides housing for pregnant women under 18, must have consent of legal guardian, no other children in her custody, not currently involved with domestic violence, free of drugs and alcohol, must be willing to live under house rules. www.yesyouhaveachoice.com

Pregnant, Over 18, and/or Other Children in Custody

Chrysalis Shelter (Phoenix) - (602) 944-4999, TRANSITIONAL HOUSING PROGRAM- (602) 944-5335, Accepting women fleeing domestic violence situation. Women and pregnant women must be over 28. Can have other children in their custody, may stay up to 120 days. www.noabuse.org

Gift of Mary - (602) 254-8424, shelter for single women and women with children, 30 day stay, missionaries for charity.

Family Promise - (480) 659-5227, 90 day program. Program does not accept single pregnant women unless they have other children in their custody. Applicant must be able to work. www.familypromiseaz.org

Mercy Connection (Goodyear) - (623) 386-7432, Emergency services for pregnant women (with or without children) in crisis such as short-term housing for survivors of domestic violence.

A New Leaf, La Mesita - (480) 834-8723, Family shelter for families with minor aged children. www.turnanewleaf.org/services/la-mesita-shelter.html

A New Leaf, Empower House - (480) 969-4024, Housing for young adults aging out of the Foster Care system. www.turnanewleaf.org

Sophia's House (ages 15-25) - (800) 272-1856, Housing with individual families, must have consent of legal guardian if under age 18, no other children in custody, not fleeing domestic violence, free of drugs and alcohol, must attend classes and be committed to self-improvement, must be willing to live with rules. www.yesyouhaveachoice.com

UMOM New Day Centers - (602) 595-8700, offers a number of shelter and housing assistance programs for families with children under the age of 18 or in the 3rd trimester of pregnancy.

www.umom.org/learn-more/programs-services

Vista Colina - (602) 870-9885, Family shelter located in North Phoenix. A part of Central Arizona Shelter Services (CASS), may stay up to 90 days. www.cassaz.org/vista-colina-emergency-family-shelter.html

Pregnant with History of Addiction

Care Line - (877) 931-9142, Substance Abuse Recovery Program Resource Hotline.

www.communitybridgesaz.org/programs

Changing Lives Center - (602) 233-3000, A program of the Phoenix Rescue Mission. Women and children, up to 12 month stay. Each mom has her "Cottage of Hope".

www.phoenixrescuemission.org/solutions/changing-lives-center

Center for Hope - (480) 461-1711, Inpatient treatment facility. 1 year intensive rehab and counseling. Must be pregnant, and can have other child in her custody under 5.

www.centerforhopeaz.org/our-programs

Healthy Connections Legacy House - (602) 274-3456, Provide housing for pregnant women who have struggled with addiction (either recent as in 1 day ago or in the past 8 months) Housing is temporary. www.ncadd-phx.org

Maverick House - (623) 931-5810, 30 day inpatient facility, also offers long term treatment up to 3 months. Must be at least 18. www.maverickhousesoberliving.com

Terros - (602) 685-9000, Outpatient substance abuse and behavioral health counseling. Outpatient detox program and SMI residential program. Accepts AHCCCS. www.terros.org

Pregnancy and Maternity Centers

1st Way Pregnancy Center - (602) 261-7522, provides free resources which support life affirming choices, accomplished through a loving and non-judgmental approach with peer counseling, education and practical services. 1st Way is not a diagnostic medical clinic and cannot give medical advice. www.1stway.net

Blossom Birth and Wellness Center - (602) 256-7766, provides a truly integrative and holistic wellness approach using methods from midwifery, obstetrics, gynecology, herbalism, body work, aromatherapy, hydrotherapy, homeopathy, and more. Blossom Birth Center is the only alternative

to a hospital that has a physician “in house”. If additional support is needed they are only minutes from St. Joseph’s Hospital. Blossom Birth Center is located in central Phoenix directly North of Phoenix Children’s Hospital. www.blossombirthcenter.com

Crisis Pregnancy Centers of Greater Phoenix - Phoenix, (602) 393-7501; Glendale, (623) 486-5232; Mesa, (480) 733-2740; one of the largest & most comprehensive pregnancy resource services in the nation, with four clinics in the Phoenix area. They also offer prevention, abstinence, and sexual issue curriculum through an online resource website Purepathonline.com. www.cpcphoenix.org

Hope Women’s Center - (480) 983-4673, serves women facing any difficult life situation. Whether they are faced with poverty, domestic or sexual abuse, unplanned pregnancy, unemployment, single parenting, prostitution, drug/alcohol abuse, or family conflict, our trained mentors and teachers are available to help provide assistance, encouragement, support, and the necessary tools to make positive changes for their future. www.thereishope.org

Maggie’s Place - (602)-262-5555, provides for the immediate physical and emotional needs of guests including shelter, food, clothing, and a supportive community. Connects women to the appropriate agencies and resources including prenatal care, health insurance, low-cost housing, and education programs. www.maggiesplace.org

Pregnancy Help Centers

First Way - (602) 261-7522, operates the Hope Mobile—a mobile ultrasound unit. www.1stway.net

Aid To Women - (480) 966-1902, provides low cost prenatal care & ultrasound care. www.aidtowomencenter.org

Bureau of Women's and Children's Health - (800) 833-4642, pregnant women can receive health care before the AHCCCS application process is complete. Women must be pregnant, residents of Arizona, have no insurance, have little or no income, and are citizens of the US or have legal resident status. www.azdhs.gov/phs/owch/hot_line.htm

Alpha Pregnancy Counseling Center - (602) 285-0050, a Christian-based organization that provides free pregnancy testing, counseling, adoption information, and 24 hour hotline. www.alphaaz.org

Esperanza Women’s Center - (602) 222-3513, provides free pregnancy testing, Proof of pregnancy for insurance, DES, and WIC. Pregnancy counseling and adoption counseling offered. www.esperanzawomenscenter.org

Healthy Families AZ - (602) 266-5976 ext. 5200, provides new parents with home visits from trained staff in order to ensure the children are healthy. For more information, fill out the following form: http://www.swhd.org/system/files/72/original/Healthy_Families_Flyer.pdf

Life Choices - (602) 305-5100, provides pregnancy tests, family planning and well women exams. www.lcwcaz.org

With Child - (602) 788-5434, a Christian-based non-profit that provides adoption therapy, free pregnancy testing, and pregnancy counseling. www.withchildphx.org

Pregnant and Considering Adoption

AASK Aid to Adoption of Special Kids - (800) 568-2614, (602) 254-2275, private non-profit charity, provides adoption, fostering, and mentoring programs. www.autismspeaks.org/resource/aask

Catholic Charities - (602) 943-3843 ext. 24, private non-profit religious charity, provides adoption programs. www.catholiccharitiesaz.org/adoption-services/000004

With Child - (602) 788-5434, a Christian-based non-profit that provides adoption therapy, free pregnancy testing, and pregnancy counseling. www.withchildphx.org

FINANCIAL ASSISTANCE

Chandler Christian Community Center - (480) 963-4321, provides utility assistance, eviction prevention, shelter and housing referrals, and food and clothing referrals. www.chandlerfoodbank.org/programs-2/community-action-programs/

John F Long Family Services Center - (602) 262-6510, provides financial assistance for heating, gas, electric, and other utility payments. For more information, www.mycommunitypt.com/arizona/index.php/component/cpx/?task=resource&id=753094&tab=1

Sunnyslope Family Services Center - (602) 495-5229, provides financial assistance for heating, gas, electric and other utility payments.

Tempe Community Action Agency, Inc. - (480) 350-5880, provides financial assistance for heating, gas, electric, and other utility payments. www.tempeaction.org/services/emergency-services/

Terri Cruz Social Service Program - (602) 257-0700, one-time financial assistance for families in need of funds for funeral assistance, mortgage payment, and utilities. www.cplc.org/social-services/emergency-assistance.aspx

Travis L Williams Family Services Center - (602) 534-4732, provides financial assistance for heating, gas, electric, and other utility payments.

Vista del Camino Community Action Program - (480) 312-2323, provides financial assistance for heating, gas, electric, and other utility payments.

FOOD ASSISTANCE

Arizona Community Action Association - (602) 604-0640, manage non-profit organizations that provide assistance to people who need help filling out their Food Stamp application (e.g. no computer access). www.azcaa.org/findhelp/snap/

Association of Arizona Food Banks - (602) 528-3434, private, non-profit organization that develops food resources, promotes nutrition, advocates for public policy changes, fosters cooperation among food banks, networks with government, local, state and national leaders to end hunger.
<http://www.azfoodbanks.org/index.php/foodbank/index/>

All Tribes Assembly of God Church (Food Bank) - (602) 728-0699, provides emergency food to low-income individuals.

Andre House of Hospitality - (602) 255-0580, provides wide range of services for those in need, including a soup line, hospitality services, transitional houses, and more. www.andrehouse.org

Arizona Brainfood - (480) 415-0066, provides a backpack of food for the hungry, especially for children in Mesa. www.azbrainfood.org

Chandler Christian Community Center - (480) 963-1423, supplemental and emergency food boxes and distribution. www.chandlerfoodbank.org

Carl Hayden Veterans Hospital - (602) 277-5551, provides food and resources to low-income individuals, food pantry open M-F 8:00-4:30 www.phoenix.va.gov

Covenant of Grace Ministries - (602) 678-0999, culturally diverse, generationally inclusive congregation called to transform individuals, communities, and the nations through prayer, servant hood, restoration, outreach, and more. They offer food and clothing distributions.
www.covenantofgrace.org

Cultural Cup Food Bank - (602) 266-8370, food bank intended to help those who are vegetarians, diabetics, or who have other dietary food restrictions, offers food boxes tailored to people's needs.
www.culturalcup.com

Desert Mission Food Bank - (602) 870-6062, provides emergency food assistance to help families within their service area move out of crisis into self-sufficiency. They provide emergency food programs including food bags and baby boxes up to six times a year per family, and a Commodity Supplemental Food Program (CSFP) for seniors. www.jcl.com/desert-mission/food-bank

FIBCO Family Services Emergency Support Service Program - (602) 385-3900, non-profit subsidiary of First Institutional Baptist Church of Phoenix, dedicated to meeting needs of its community by providing resources and knowledge to assist individuals and families in becoming self-sufficient. Services include an Emergency Support Service Program that provides daily lunches, emergency food boxes, clothing, bus tickets for employment related appointments and toiletries for daily hygiene. www.fibco.org

Friendly House Emergency Food - (602) 257-1870, provides a number of services to Arizonans by providing tools, training and support needed to attain sustaining self-sufficiency. Programs include workforce development, adult education, elderly care, youth education, family and immigration services, and mentoring. Family and emergency services include the provision of Food Boxes. www.friendlyhouse.org

ICM Food and Clothing Bank - (602) 254-7450, helps the very poor to be fed and clothed while encouraging self-sufficiency with specific assistance and education. www.icmaz.org

Kitchen on the Street - info@kitchenonthestreet.org; provides mobile resources to meet the hungry where they are and to provide much needed sustenance. They use a food truck as a mobile classroom to teach families about food and nutrition. www.kitchenonthestreet.org

Paradise Valley Emergency Food Bank - (602) 867-9228, food cooperative formed from existing organizations in the Paradise Valley area to aid the community's hungry. Volunteers take calls from clients and others set up food boxes to be picked up by clients by appointment. www.pvefb.org

Phoenix Rescue Mission - (602) 233-3000, offers a hot meal, warm shower, clean clothing and words of encouragement for men, women and children in the community struggling with homelessness, addiction and trauma. www.phoenixrescuemission.org

Society of St. Vincent de Paul - (602) 266-4673, provides a number of services including kitchen meals, a medical clinic, thrift stores, transitional housing, and more. www.stvincentdepaul.net

St. Mary's Food Bank Alliance - (602) 242-3663, provides emergency food boxes, a community kitchen, child nutrition programs, a mobile pantry, and more. www.firstfoodbank.org

Supplemental Nutrition Assistance Program (SNAP, formerly Food Stamps) - 1 (855) 432-7587, through AZ Department of Economic Security (DES) and Family Assistance Administration (FAA),

provides healthy food to low-income families with children and vulnerable adults.

www.azdes.gov/nutrition_assistance

Tempe Community Action Agency, Inc. - (480) 350-5880, serves as Tempe's primary social service organization, serving elderly and low-income community members. Services include a Tempe Community Market and community gardens in Clark Park and Escalante, I-HELP (Interfaith Homeless Emergency Lodging Program), which provides shelter, food, and workforce development to help individuals. www.tempeaction.org

Valley View Community Food Bank - (623) 933-3358, mission is to serve communities with love and respect for those who are in need of a good and wholesome nutritious food box.

www.valleyviewfoodbank.wordpress.com

Vista del Camino Community Action Program - (480) 312-2323, provides a variety of services to Scottsdale residents to prevent homelessness, meet the basic needs of individuals and families in crisis, relieve economic and emotional stress and assist individuals to maintain self-sufficiency. Services include a food bank, emergency food boxes, a hydration station.

www.scottsdaleaz.gov/departments/Community_Services/Human_Services/vista-del-camino

HOUSING

Emergency Shelters

Central Arizona Shelter Services (CASS) - (602) 256-6545, empowers men, women, and children to end homelessness by providing shelter and supportive services. www.cassaz.org

East Valley Women's Center- (480) 969-1691, provides services to help homeless women. Residents can stay up to 120 days, during which time they work with support staff to find permanent housing solutions. www.turnanewleaf.org/homesless_shelters_and_services

Kaiser Family Crisis Center (The Salvation Army) - (602) 262-4130, a 120-day structured program that assists homeless adults find full-time employment. Families are provided housing and meals. Children in the shelter attend after-school program and various recreational activities. www.salvationarmyphoenix.org

La Mesita Family Homeless Shelter - (602) 595-8700, family shelter that provides services to help homeless families with minor aged children. www.turnanewleaf.org/homeless_shelters_and_services

Vista Colina Emergency Family Shelter - (602) 944-0960, provides shelter for homeless families in an apartment-style complex for up to 90 days. Families must save 85% of their income for permanent housing in preparation of leaving the shelter. www.cassaz.org/vista-colina-emergency-family-shelter.html

Watkins Basic Needs Shelter - (602) 275-7852, provides a year-round program that is designed specifically to serve homeless single women and families. They provide the most vulnerable with a warm, safe place. www.umom.org/learn-more/programs-services/watkins-basic-needs-shelter

UMOM Emergency Family Homeless Shelter - (602) 275-7852, shelter available for up to 120 days in a time of crisis. www.umom.org

Transitional Housing

Changing Lives Center - (602) 233-3000, a program in the Phoenix Rescue Mission that provides a 12-month housing program to women and their children. The program includes addiction recovery, trauma counseling, religious services, medical services, nursery, and pre-school. www.phoenixrescuemission.org

Homeward Bound - (602) 263-7654, provides transitional housing that provides families with housing that is safe and well-maintained; each family is required to pay 30% of their adjusted gross income to assist with housing utilities and social services. www.homewardboundaz.org

Native American Connections Transitional Housing for Women - (602) 424-2060, provides an independent, recovery living environment for homeless women over the age of 18. www.nativeconnections.org/housing

Save the Family - (480) 898-0228 x110, provides families with rapid re-housing, eviction prevention, outreach, case management, and assistance in obtaining benefits. www.savethefamily.org

Soul Sanctuary - (602) 492-6820, provides housing that allows women and children (ranging from 6 months to 2 years old) to have their own bedroom and personal space. www.soul-sanctuary.org

Turn a New Leaf Rapid Re-Housing Program - (480) 733-3042, Provides permanent housing solutions to stabilize and serve individuals and families who are currently homeless or living in emergency shelters. Participants must become engaged in an educational or vocational program, including GED preparation or employment. www.turnanealeaf.org/homesless_shelters_and_services

UMOM Extended Family Homeless Shelter - (602) 275-7852, provides long-term housing for up to 24 months; during this period members work with family support specialists and housing specialists to address barriers to housing. www.umom.org/learn-more/programs-services/new-day-shelters/

Housing Resources

Arizona Bridge to Independent Living (ABIL) - (602) 256-2245, provides up-to-date resource listings of community organizations that provide services and programs to people with disabilities in order to increase physical independence in the community. www.abil.org

UMOM Rapid Re-Housing - (602) 275-7852, Permanent housing options and placement for homeless families. They provide short term housing subsidies to low-income families and short-term support for rent or utility assistance. www.umom.org

INCARCERATED/EX-OFFENDERS

Arizona Women's Education and Employment (AWEE) - (602) 223-4333, provides computer access, job search resources, clothing closets, and career readiness workshops for ex-offenders. www.awee.org/programs.html

AZ Common Ground - (602) 914-9000, provides programs for incarcerated people who are reentering society. www.azcommonground.org/index.html

Church on the Street - (602) 447-0259, provides a religious residential recovery program for women and men who are overcoming challenges. www.cotsphoenix.org/

Gina's Team - sea@ginasteam.org, provides classes to female incarcerated individuals, teaching skills to use upon release. www.ginasteam.org/about.html

LEGAL

State Bar of Arizona - (602) 252-4804, assists in resolving disputes between attorneys and their client. The Bar also provides legal information for consumers, free legal advice days, and an assortment of other educational programs. www.azbar.org

Arizona State University, Sandra Day O'Connor College of Law - (480) 965-6181, provides listings of pro-bono student groups that can help with legal issues and legal assistance. www.law.asu.edu/currentstudents/CurrentStudents/StudentLife/PublicInterestProBono/ProBonoStudentGroups.aspx

Arizona Supreme Court - (602) 452- 3300 (Main), (602) 452-3545 (for the hearing impaired), provides information and access to legal information and court decisions.

www.azcourts.gov/azsupremecourt.aspx

AZ Law Help - (866) 637-5341, provides resources encompassing a variety of legal areas and answers common questions about legal issues. www.azlawhelp.org

Arizona Pro Bono Programs Listings - An updated list of pro-bono lawyers and law firms.

www.apps.americanbar.org/legalservices/probono/directory/arizona.html

Community Legal Services - (602) 258-3434, provides legal assistance, advice, education, and representation to members of the Phoenix community. www.clsaz.org

DNA Peoples Legal Services - (800) 789-5781, provides legal aid for protections of civil rights.

www.dnalegalservices.org

Maricopa Lawyer Referral Services - (602) 257-4434, provides a list of lawyers based on your issue.

www.maricopalawyers.org/

MEDICAL

Arizona Department of Health and Human Services -List of sliding fee schedule care clinics in Arizona that provide free or low-cost primary, mental, and dental health services to persons without health insurance. www.azdhs.gov/hsd/sliding-fees/documents/sliding-fee-primary-care-providers.pdf

Adelante Healthcare - (877) 809-5092, provides primary and preventative health services in family medicine, internal medicine, pediatrics, women's health, dental, lab services, pharmacy services, Special Supplemental Nutrition Program for Women, Infants and Children (WIC), and applying for AHCCCS and the Health Insurance Marketplace. www.adelantehealthcare.com

John C. Lincoln Desert Mission Community Health Center - (602) 331-5792, provides primary health care to children and families who may be enrolled in AHCCCS or the KidsCare program, or who do not have health insurance. Focuses on illness prevention, health screenings, wellness education, and continuity of care. www.jcl.com/desert-mission/community-health-center

Phoenix Indian Medical Center - (602) 263-1200, provides general medical services and surgical hospital service for eligible patients.

Society of St. Vincent de Paul - (602) 261-6868, offers free dental clinic services to children and adults who do not have insurance. www.stvincentdepaul.net/programs/dental-clinic

PARENTING RESOURCES

Association for Supportive Child Care - (480) 829-0500, The Association for Supportive Child Care was founded in 1976 as a private, non-profit corporation dedicated to enhancing the quality of care for children in Arizona. Every program at ASCC meets a unique set of needs within the child care and early education field. The need for child care continues to be critical. Today, ASCC staff continues to help bring affordable, accessible, quality care to Arizona children and families. www.asccaz.org/index.html

Child and Family Resources - (602) 234-3941, Parent education, case management; New grant just received for a fatherhood Initiative to receive job and skills training, parenting education, and life skills. www.childfamilyresources.org

Chicanos Por La Causa: Parenting Arizona - (602) 248-0428, provides parenting educational classes and parenting workshops which teach parents to use positive parenting techniques; they also provide parent aide services for foster children transportation. www.parentingaz.org

Family Resource Center - (480) 834-9424, provides parenting classes, anger management classes, family support classes, play groups and workshops for children and families. www.childcrisis.org

Head Start, Parent Support Center - (602) 506-7090, provides educational services and case management to parents/caregivers of children who are experiencing stress in parenting. www.childparentcenters.org/our-services/head-start

Maricopa County Dept. of Public Health - (602) 506-6900, offers free child immunizations; Provides WIC (Women Infant and Children) program locations throughout the valley; Healthy start facility to assist mothers with information about how to take care of your children. www.publichealth.org

MISS Foundation - (602) 279-6477, provides support groups for grieving families, parents of LGBTQ youth, and parents who have missing children. www.missfoundation.org/support/groups/arizona

Parenting Arizona - (602) 248-0428, free parenting classes for parents w/ children ages 2-18; Check website for up-to-date class information. www.parentingaz.org

Parents of Murdered Children - (602) 254-8818, services for family and friends of those who have died by violence; Support groups, speakers, information and guidance. www.pomc.org

SENIORS/CAREGIVERS

American Association of Retired People (AARP) - (866) 389-5649, provides advocacy, services, and resources for people over the age of fifty. www.states.aarp.org/region/arizona

Area Agency on Aging - (602) 264-4357, provides a variety of services for people older than sixty years old including health care resources, food resources, and caregiver resources.
www.aaaphx.org/program-services

Department of Economic Security - (602) 542-4446, provides information on Medicare Advantage plans and assistance with state agencies. www.azdes.gov/daas/ship/plans

Justa Center - (602) 254-6524, Reverend Scott Ritchey, provides housing to seniors older than 55 years old who no longer have a place to live. www.justacenter.org

Meals on Wheels - 1-(888)-998-6325, provide meal services to elderly people who need food delivered. www.mealsonwheelsamerica.org

SUBSTANCE ABUSE

Alcoholics Anonymous - (602) 264-1341, an international fellowship of men and women who have had a drinking problem. www.aa.org

Crossroads for Women - (602) 263-5242, provides residential treatment programs for women with substance abuse issues, provides scholarships and insurance payment options.
www.thecrossroadsinc.com

National Council on Alcoholism and Drug Dependence - (602) 264-6214, provides substance abuse treatment for women through several programs including residential treatment and outpatient programs. www.ncadd-phx.org/index.html

Salvation Army - (602) 256-4500, provides rehabilitation for women with drug and alcohol dependency issues. All treatment costs, medical needs, accommodations, and meals are provided. Women are required to take GED and parenting classes. Minimum six months to one year stay.
www.salvationarmysouthwest.org/usw_sw20/arc_programs

Pathway Program - (877) 921-4050, provides drug and alcohol rehabilitation for women ages 13-25.
www.thepathwayprogram.com

WINR (Women in New Recover) - (888) 392-0544, provides extended care treatment for women with substance abuse issues in a women only environment. www.winr.org

Valle Del Sol - (602) 258-6797, provides substance abuse counseling for women including opioid treatment programs, accepts almost all insurances and offers health plans for financial challenged individuals. www.valledelsol.com

Valley Hope Association - 1-(800) 544-5101, provides drug and alcohol addiction treatment services at affordable prices for women. www.valleyhope.org

TRAFFICKING VICTIMS

Natalie's House - (623) 247-6026, provides an 8-bedroom safe home for teens leaving the sex trade. www.protectchild.org/nath.php

Street Life Light House - (623) 435-0900, provides housing for female victims of domestic minor sex trafficking. www.streetlightusa.org

TRANSPORTATION

City of Phoenix Bus Transit - (602) 253-5000, provides low-cost transportation services such as the Valley Metro Bus and Metro Light Rail, as well as transportation safety education and bicycling recommendations. www.phoenix.gov/transportation

Dial-A-Ride - (602) 253-4000, a shared-ride service that allows Phoenix residents who meet the Americans with Disabilities Act requirements to schedule trips and to travel in small transit vehicles around the city. www.phoenix.gov/publictransit/rider-information/transit-services/phoenix-dial-a-ride

WOMEN AND CHILDREN WITH DISABILITIES

Arizona Bridge to Independent Living (ABIL) - (602) 256-2245, offers independent living skills instruction, information and referral, outreach to rehab centers & early intervention for newly disabled individuals. Adults with disabilities can request a peer mentor to provide support and connect the mentee with community resources. www.abil.org

Arizona Early Intervention Program - (602) 532-9960, Arizona's statewide, interagency system of supports and services for infants and toddlers with developmental delays or disabilities and their

families. AzEIP is established by Part C of the Individuals with Disabilities Education Act External Link Icon (IDEA), which provides eligible children and their families' access to services to enhance the capacity of families and caregivers to support the child's development. www.azdes.gov/azeip/

Disability.gov - 1-800-772-1213, U.S. federal government website for information on disability programs and services nationwide. The site connects people with disabilities, their families and caregivers to helpful resources on topics such as how to apply for disability benefits, find a job, get health care or pay for accessible housing. www.disability.gov

Disability Help Center - (888) 418-8860, provides resources to help with Social Security questions and Veteran's Disability questions. www.ssdhelpcenter.org

Division of Developmental Disabilities - (602) 542-0419, DES provides supports and services to over 32,000 people with developmental disabilities and their families throughout Arizona. DES strives to support the choices of individuals with disabilities and their families by promoting and providing within communities, flexible, quality, consumer-driven services and supports. We value our community connections and emphasis on looking at a person's strengths and gifts. www.azdes.gov/developmental_disabilities/

SpoFit - (602) 386-4566, provides adaptive sports, recreation, aquatic and fitness programs that promote the independence, health and overall well-being of people with disabilities and their family members. SpoFit offers free memberships to all those who have served on or after September 11, 2001. www.spofit.org

Southwest Human Development - (602) 266-5976, services for children 0-5 years old. Good center for children with behavioral and sleeping concerns. Counseling and psychiatrist assistance include: Services for Children with Disabilities (SCD) including occupational, speech, and language therapies. Headstart and Early Headstart programs have childcare training for libraries and daycare centers. www.swhd.org/

VETERANS

For additional resources, please see our [Veteran Resource Guide](#).

Women Veterans

American Women Veterans Foundation - (202) 436-0678, national non-partisan, 501(c)3 organization providing advocacy and support programs for women veterans, including: awareness

programs, outdoor programs, education programs, and transitional housing programs.

www.americanwomenveterans.org

Mary Ellen's Place - (602) 633-2000, provides safe, affordable housing to women veterans in North Central Phoenix. www.veteransfirstltd.org/mary-ellens-place

TRICARE - 1-(800) TRICARE, Option 1- Nurse Advise Line – veterans can talk to a registered nurse, get health care advice, ask urgent care questions, and get help finding a doctor. www.tricare.mil

The Resource Foundation for Women Veterans, Inc. - (866) 737-6335, provides employment workshops/fairs, apprenticeships, self-help workshops, financial management workshops, housing placement, lease/purchase assistance, and more. www.rfwv.org

Phoenix VA Health Care System - (602) 277-5551

Women Veterans Program at the Phoenix VA - (602) 277-5551, advocates and advises for women veterans. www.phoenix.va.gov/services/women/index.asp

Phoenix Vet Center - (602) 640-2981 or (877) 927-8387, provides counseling, outreach, and referral services to eligible veterans in order to help them make a satisfying post-war readjustment to civilian life. www.va.gov/directory/guide/vetcenter.asp

Mesa Vet Center - (480) 610-6727 or (877) 927-8387, provides counseling, outreach, and referral services to eligible veterans in order to help them make a satisfying post-war readjustment to civilian life. www.va.gov/directory/guide/vetcenter.asp

Veterans First LTD - (602) 841-7663, offers services and resources for at-risk women veterans. www.veteransfirstltd.org

Family Members

Arizona Military Family Relief Fund (through AZ Department of Veteran Services) - (602) 234-8403, provides financial assistance to Arizona service members who served in a combat zone and their families who are experiencing a hardship as a direct result of deployment. www.azdvs.gov

Coalition for Military Families - (602) 753-8802, a nationally-recognized public/private partnership focused on building Arizona's statewide capacity to care for and support all service members, veterans and their families. www.arizonacoalition.org

Phoenix Vet Center - (602) 640-2981 or (877) 927-8387, supports family members of veterans, such as bereavement counseling services to surviving parents, spouses, children and siblings of service members who die of any cause while on active duty. www.va.gov/directory/guide/vetcenter.asp

Mesa Vet Center - (602) 640-2981 or (877) 927-8387, supports family members of veterans, such as bereavement counseling services to surviving parents, spouses, children and siblings of service members who die of any cause while on active duty. www.va.gov/directory/guide/vetcenter.asp

Save the Family - (480) 898-0228 x110, provides eligible veteran families with rapid re-housing, eviction prevention, outreach, case management, and assistance in obtaining VA and other benefits. www.savethefamily.org/housing-for-families

Supportive Services for Veteran Families (SSVF) - (480) 898-0228 x110, provides time-limited payments to third parties such as landlords, utility companies, moving companies, and licensed child care providers if these payments help low-income veteran.

UMOM New Day Centers - (602)-466-1655, provides resources for transitional living, supportive services, as well as permanent supportive housing for veterans and their families. www.umom.org/learn-more/programs-services/veterans-programs

MISCELLANEOUS INFORMATION

Adopt a Family - Provides families in difficult financial situations with a Christmas they cannot afford for themselves. www.phoenixfamily.org/help/adopt.html

Arizona Bridge to Independent Living (ABIL) - (602) 256-2245, reintegration from nursing homes, personal assistant services and social recreational programs for people with disabilities. www.abil.org

Arizona Suicide Prevention - (480) 784-1500 24 hours per day/7 days per week or toll-free statewide 1-(866)-205-5229

Benefits CheckUp - a web-based service that screens for benefits programs and special drug programs offered by pharmaceutical companies for people with limited income and resources aged 55 and over, or adults of any age who are disabled. www.azdes.gov/main.aspx?menu=8&id=3318

CLOTHES

Andre House - (602) 252-9023

Interfaith Cooperative Ministries - (602) 254-7450

Phoenix Rescue Mission - (602) 233-2647

Community Information and Referral: 2-1-1 Arizona - Dial 2-1-1 within Arizona, Dial (877) 211-8661 from anywhere else in the United State- Serves as Arizona's key source of integrated information that brings people and services together to meet vital needs. www.cirs.org

National Suicide Prevention Hotline - 1-(800) 273-8255 24 hours per day/7 days per week

Social Security Administration - 1-(800) 772-1213, www.socialsecurity.gov

SHOWERS

Andre House - (602) 252-9023

Home Base Drop-In Center (18-24 years of age) - (602) 254-7777

Phoenix Rescue Mission Drop In Center - (602) 233-3000

St. Vincent de Paul - (602) 266-4673

Transient Aid Center (St. Vincent de Paul Society) - (602) 266-4673, dedicated to feeding, clothing, housing and healing individuals and families in the community who have nowhere else to turn for help. Programs include: services for the homeless, medical and dental care for the working poor, charity dining rooms that serve thousands each day, thrift stores, bridge housing shelter, and general assistance. www.stvincentdepaul.net

Important Information: The information provided in this directory is based upon details provided by local organizations that have willingly publicized their services online for open source access or have given permission to have their agency or service placed in this directory. Congresswoman Kyrsten Sinema is not responsible for users' experiences with any provider in this directory.

Please contact our Phoenix District Office at (602) 956-2285 if you would like any changes to be made to this directory or if you wish to be removed from the providers' list.



Congresswoman Sinema visiting with advocates discussing policy to end domestic violence.



Congresswoman Sinema meeting with Girl Scouts to discuss women’s empowerment in America.

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sinema.house.gov